Africa University
Clinical Research Centre

Recruitment Notice !!

PAPSE project is recruiting AU students to join a Substance Use Recovery Support Group :

- 25 new students
- 2 new champions

In continuing with our program of hosting support groups for Africa University students recovering from substance use, the PAPSE project, with support from Psychotherapy Care and Counselling Services (PCCS) would like to recruit a new set of 25 students and champions (2) to join the previous 5 champions.

The support group will help students to:

- Increase their knowledge on Substance and Drug Abuse and other mental health issues.
- Recognize the effects of substance use, abuse, dependency, and addiction.
- Identify the causes of substance use disorders.
- Identify the types of substances and their effects including methods of use.
- Outline the continuum of substance use disorders.
- Understand the basic brain chemistry of substance use disorders.
- Recognize the signs and symptoms of substance misuse.
- Identify treatment or intervention modalities and the continuum of care.
- Understand the recovery process, relapse prevention and long term recovery maintenance.
- Use motivational interviewing techniques to help young people recover.

Program activities :

- The support group meetings would be held online every 2 weeks from the beginning of April 2021 with the module running over a 3 month period.
- The group sessions will be accompanied by individual consultation as needed through the John Walker Chair and PCCS support.

Background

Pillars & Plants: Prevention, Support & Empowerment program for young people (PAPSE) aims to support the efforts of faith-based partners to reduce HIV transmission and mitigate the effects of Substance and Drug Abuse among adolescents and young adults.

The participants will be supported with data.

To Join Contact :

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