

## Africa University **Clinical Research Centre** launches PAPSE Phase 2

In its new iteration, the project aims to establish a chronic disease self-management clinical and e-therapy platform in a clinical trial and offer support group activities for students recovering from substance abuse, with project support given by AU CRC, AU Peer Educators, and Psychotherapy Care and Counselling Services (PCCS). There will be engagement with selected health facilities in Mutare to strengthen the delivery of adolescent health services and mobilize resources to expand the project.

### Programme Objectives

#### Support Groups

Support group activities for students recovering from substance use.

#### E-therapy

Online platform for adolescents and young people.

#### Research

Clinical trials of adolescents with chronic diseases.

#### Partnerships

Partnering with selected health facilities in Mutare to strengthen delivery of adolescent health services.

**PAPSE Project stands for Pillars & Plants: Prevention, Support & Empowerment for young people.**

**Psalm 144:12 May our sons flourish in their youth like well-nurtured plants. May our daughters be like graceful pillars carved to beautify a palace.**

Africa University Clinical Research Centre (AUCRC) is a unit under the College of Health, Agriculture and Natural Sciences (CHANS) which seeks to promote a healthier and informed population through research and programmes in priority health issues with the involvement of the community and partners.

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